## Napa Valley Swim Team

PACIFIC SWIMMING Zone 3 Short Course C/B/A+ Meet Saturday, November 13, 2004 and Sunday, November 14, 2003

SANCTION:

Held under USA/Pacific Swimming Sanction No.: 4180

LOCATION:

Napa Valley College. 2277 Napa-Vallejo Hwy., Napa, CA. From the South Bay: Take Hwy. 80 to Vallejo, go North on Hwy. 37 to Hwy. 29 North to Napa. Pass the Hwy. 12 junction, Stay in the right lanes and follow the signs to Napa/Lake Berryessa, NOT Sonoma/Calistoga signs. pass Kaiser Rd and take the next left at Streblow - the Napa Valley College turnoff. Take the first right off Streblow and follow the road to the North end of the parking lot. From the North Bay: Take Hwy 121East to Hwy 29. Take Hwy 29 North toward Napa. Exit on Imola Ave. Travel East on Imola to Sosal Ave. (Napa-Vallejo Hwy). Turn South onto Sosal (Napa-Vallejo Hwy.). Take the first Napa Valley College Exit. The pool is located to the left of this parking lot.

**COURSE:** 

Outdoor heated pool with rim-flow gutters, anti-turbulent lane lines. 25 yards, 8 competition lanes expandable to 16 lanes. Separate warm-up and warm-down area available throughout the meet. Electronic timing system will be used.

TIME:

Meet begins at 10:00~AM each day. Warm-ups are from 8:30~to~9:40AM. Extended warm-up for 8-UN swimmers from 9:40~to~10:00~AM.

**RULES:** 

Current USA Swimming/Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of the Course. All events are timed finals. All swimmers ages 12 and under should complete competition within four (4) hours, with the exception of the 500 Free and the 400 IM (see below). Swimmers may compete in up to FOUR (4) events per day. All coaches and deck officials must wear their USA Swimming (USA-S) membership cards in a visible manner. If conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down to three (3) events. Immediate refunds will be made for any mandatory scratches.

All 11-12 200 yard stroke events are combined with 13-18 200 yard stroke events in order to improve meet operations and meet the four hour rule.

All 500 Freestyle and 400 IM events will be held as "OPEN" events and are therefore not subject to the "four hour rule". Open events will be swum in a "fastest to slowest" sequence, alternating female and male heats. \*Swimmers in the 400 IM and 500 freestyle must provide their own timers.

RESTRICTIONS:

Smoking and the use of other tobacco products is prohibited anywhere on Napa Valley College grounds. This includes on the pool deck, in the locker rooms, in spectator seating or standing areas, in the parking lot, and in all areas used by the swimmers during the meet and warm-up periods. The sale and/or use of alcoholic beverages is prohibited in all areas of the meet venue and Napa Valley College. Glass bottles and containers of any kind are not permitted in the pool area. No food or drink is allowed in the locker rooms. Tents will not be allowed on the pool deck there is room in the bleachers for tents.

**ELIGIBILITY:** 

All swimmers must have a current USA-S registration card and must enter the number on their entry cards. Swimmers who enter as "PENDING" or "APPLIED FOR" must be prepared to present their current card or register before being allowed to check-in unless the Meet Director determines that they are validly pending. Swimmers registering at the meet must pay a \$10.00 surcharge in addition to the regular fee The meet is open to all qualified swimmers. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Swimmers over the age of 18 may participate in 17/18 events, but will not be eligible for awards.. Disabled swimmers are welcome to attend this meet and should contact

the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

CHECK IN:

The meet will be deck seeded. Swimmers must check-in at the Clerk-of-the-Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check-in will not be allowed to compete in that event.

**SCRATCHES:** 

Any swimmer who has checked-in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts proof that the failure to swim was caused by illness, injury, or other circumstances beyond the control of the swimmer.

**ENTRIES:** 

Entries should be on the Consolidated Entry Form, included with this meet sheet. Entry forms must be completely filled out, including best short course time for each event. Illegible or incomplete entries may require a collect call to correct the information. No-time entries will be accepted. The meet will be LIMITED to the first 400 swimmers or when the meet estimated time line exceeds the Four Hour Rule per Age Group and Gender. Entries must be postmarked by MIDNIGHT, MONDAY, October 25. 2004 or hand delivered NO LATER THAN 5:00 PM ON WEDNESDAY, October 27, 2004 to Connie Freed, 3914 Raleigh St., Napa, CA 94558. No late entries will be accepted. NO REFUNDS will be made except for mandatory scratch downs. No fax entries will be accepted. If you would like to confirm entry, please include a self-addressed, stamped envelope or post card.

**ENTRY FEES:** 

\$2.25 per event, plus \$5.00 participation fee per swimmer to help cover meet expenses.

Make check payable to Napa Valley Swim Team, and mail entries to:

Napa Valley Swim Team Connie Freed 3914 Raleigh St. Napa, CA 94558

**AWARDS:** 

Distinctive awards will be provided for 1<sup>st</sup>-3<sup>rd</sup> place in the "A" Division, along with 4<sup>th</sup>-8<sup>th</sup> place ribbons. 1<sup>st</sup> through 8<sup>th</sup> place ribbons for the "B", & "C" Divisions. The 13-14, 15-16, and 17-18 age groups will be swum as combined events with separate age group awards. 13 & over awards will be provided by request only. "Open" events will be awarded a single set of ribbons for the over all event, (1<sup>st</sup> through 8<sup>th</sup> place finalists). All awards must be picked up at the meet, they will not be mailed. "A" medals will be awarded to B or C swimmers achieving new A times, regardless of the place achieved in the event..

HOSPITALITY:

Lunches and refreshments will be provided for officials, coaches and timers. A Snack Bar will be available.

ADMISSION:

Admission is free. A two-day program will be available for \$4.00.

**OFFICIALS:** 

<u>Head Referee</u>: Rick Beebe <u>Head Starter</u>: Cynthia Wood <u>Head Marshall</u>: Rich Martin

Co-Meet Directors:

Karen Bland (707) 257-2547 Karen Martin (707) 996-2493

			ME	EET SUMMA	RY			
	SATURDA	Y EVENTS				SUNDAY	EVENTS	
8-UN	9-10	11-12	13-18		8-UN	9-10	11-12	13-18
100 IM	100 IM	200 IM +	200 IM		25 Fly	200 Free	200 Free +	200 Free
25 Back	50 Breast	200 Back+	200 Back		100 Free	100 Fly	50 Fly	200 Fly
50 Breast	100 Free	50 Breast	200 Breast		25 Breast	100 Breast	200 Fly	100 Breast
25 Free	50 Fly	200	100 Free		50 Back	50 Back	100 Breast	100 Back
		Breast+						
50 Free	100 Back	100 Free	100 Fly		50 Fly	50 Free	100 Back	50 Free
		100 Fly				200 IM	50 Free	
		50 Back						
OPEN *	OPEN *	OPEN *	OPEN *		OPEN *	OPEN *	OPEN *	OPEN *
500 Free	500 Free	500 Free	500 Free		400 IM	400 IM	400 IM	400 IM

The next page details meet events & time standards.

## **Suggested Local Accommodations:**

## Special Swim Meet Rate:

Hawthorn Inn & Suites
Close to Napa Valley College
Ask for the Swim Rate
\$99 per night with a 2 night minimum stay
314 Soscol Ave., Napa
707-226-1878

## Other Nearby Accommodations:

Napa Valley Marriot, 707-253-7433 Embassy Suites, 707-253-9540 Travelodge, 707-226-1871 Best Western Inn, 707-257-1930 Wine Valley Lodge, 707-224-7911 Chablis Inn, 707-257-1944

<sup>\*</sup> OPEN Events 39,40,81 & 82 have listed minimum seed times.

<sup>+ 11-12</sup> Age Group combined into an 11-18 competition. Each age group will be awarded separately.

Event #.         B Time         A Time         Age Gp / Event         B Time         A Time         Event #           1         3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.88         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           3:02.49         2:55.29         15-16 200 IM         2:45.19         2:31.79         2           4         2:59.19         2:45.49         15-16 200 IM         2:45.79         2:33.09         4           5         2:21.09         1:49.29         11-18 200 Back         3:07.99         2.47.49         8           9         3:14.79         2:49.09         11-12 200 Back         3:07.99         2.47.49         8           10         3:14.79         2:49.09         15-16 200 Back         3:07.99         2:47.49         8           11         5:12.19         14.29         11-12 200 Back         2:56.99         2         10           11         5:12.29         3:16.19         15-16 200 Back         2:56.99         12         11           15         3:28.59         3:16.49         15-16 200 Breast         3:17.49         3:04.69         16 <t< th=""><th></th><th></th><th></th><th></th><th></th><th></th><th></th></t<>							
Girls         Saturday Events         Boys           B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         2           3:14.79         2:52.89         17-18 200 IM         2:45.79         2:33.09         2           3:14.79         2:52.89         17-18 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         15-16 200 Back         3:07.69         2:52.49         8           3:12.19         3:14 200 Back         3:07.69         2:47.49         8           3:12.29         3:17-18 200 Breast         2:55.69         2:45.09         4           3:28.59         3:15.49         3:15.49         3:14.20         3:04.99         43.29         11           3:28.99         3:16.49         13-14.200 Breast         3:17.49 <th></th> <th>Time</th> <th></th> <th></th> <th>Seed Time</th> <th></th> <th></th>		Time			Seed Time		
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Girls         Saturday Events         Boys           B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           3:02.49         2:52.59         17-18 200 IM         2:45.19         2:33.09         4           2:21.09         1:49.29         18-10 100 IM         2:45.99         2         2           3:12.79         2:49.09         18-14 200 Back         3:07.69         2:52.49         6           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:47.49         8           3:18.99         3:02.29         15-16 200 Back         3:07.69         2:47.49         8           3:18.99         3:16.19         15-16 200 Back         2:56.69         2:49.99         4           3:28.59         3:16.19         11-12 50 Breast         55.59         49.29         12           49.99         43.29         11-12 50 Breast         3:17.49         3:04.69         16           3:28.59         3:16.19         15-16 200 Breast	38	38.99	45.29		39.59	46.29	37
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Girls         Saturday Events         Boys           8 Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.19         2:33.09         4           2:21.09         1:49.29         11-12 200 Back         3:07.69         2:52.49         4           2:21.09         1:49.29         11-12 200 Back         3:07.69         2:52.49         8           3:14.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:18.99         3:02.29         17-18 200 Back         2:53.49         2:38.29         10           3:18.99         3:02.29         17-18 200 Back         2:56.69         2:45.09         10           3:28.99         3:15.49         3:04.69         12         14         3:04.69         16           3:28.99         3:16.19         1	30	1:23.39	1:33.59	11-12 100 Fly	1:22.79	1:36.09	29
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B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:45.19         2:31.79         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         1           1:45.89         1:34.79         15-16 200 IM         2:45.79         2:33.09         4           2:21.09         1:49.29         8-Un 100 IM         2:49.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:47.49         8           3:13.39         2:50.29         17-18 200 Back         2:56.69         2:45.09         10           56.19         49.29         10-50 Breast         49.49         43.29         10           3:28.59         3:15.49         13-14 200 Breast         3:17.49         3:04.69         16           3		1:00.69	1:07.19	17-18 100 Free	1:09.59	1:16.19	
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2:58.79         2:58.79         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           2:21.09         1:43.29         17-18 200 IM         2:45.79         2:33.09         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:13.39         2:50.29         17-18 200 Back         2:53.49         2:38.29         10           3:18.99         3:02.29         17-18 200 Back         2:56.69         2:45.09         10           49.99         43.29         11-12 50 Breast         49.29         12         49.29         12           49.99         3:16.19         15-16 200 Breast         3:17.49		1:01.29	1:07.49	15-16 100 Free	1:07.79	1:15.29	
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:13.39         2:50.29         17-18 200 Back         2:53.49         2:38.29         10           56.19         49.29         17-18 200 Back         2:56.69         2:45.09         10           56.19         49.29         11-12 50 Breast         55.59         49.29         12           49.99         43.29         11-12 50 Breast         3:17.49         3:04.69         16           3:28	24	1:03.99	1:10.29	13-14 100 Free	1:08.39	1:15.59	23
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:13.39         2:50.29         15-16 200 Back         3:07.69         2:47.49         8           3:18.99         3:02.29         17-18 200 Back         2:56.69         2:47.09         10           56.19         49.29         10 50 Breast         55.59         49.29         12           49.99	22	1:12.29	1:18.19		1:11.99	1:20.99	21
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         17-18 200 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         1:42.29         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:47.49         8           3:12.99         3:02.29         17-18 200 Back         2:53.49         2:38.29         10           3:18.99         3:02.29         17-18 200 Breast         2:56.69         2:45.09         10	20	1:19.69	1:29.09	9-10 100 Free	1:22.79	1:34.89	19
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         2:53.49         2:38.29         2:47.49         8           3:18.99         3:02.29         17-18 200 Back         2:56.69         2:47.49         9         10           56.19         49.29         17-18 200 Breast         55.59         49.29	18	54.79	1:15.59	8-Un 50 Breast	55.29	1:15.89	17
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:45.19         2:31.79         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:18.99         3:02.29         15-16 200 Back         2:53.49         2:38.29         10           56.19         49.29         17-18 200 Back         2:56.69         2:45.09         10           56.19         49.29         10         250 Breast         49.29         12           49.99		3:08.69		11-12 200 Breast	3:17.69	3:32.69	
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:45.19         2:31.79         2           2:59.19         2:52.59         17-18 200 IM         2:45.79         2:33.09         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:47.49         8           3:13.39         2:50.29         15-16 200 Back         2:53.49         2:38.29         10           56.19         49.29         17-18 200 Back         2:56.69         2:45.09         10           49.99         43.29         10         25.08         49.29         12           49.99		2:59.79		17-18 200 Breast	3:20.29	3:30.89	
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:47.49         8           3:13.39         2:50.29         15-16 200 Back         2:53.49         2:38.29         10           56.19         49.29         17-18 200 Back         2:56.69         2:45.09         10           56.19         49.29         10         50 Breast         49.29         12           49.99		2:56.29		15-16 200 Breast	3:16.19	3:28.99	
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:45.19         2:31.79         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:47.49         8           3:13.39         2:50.29         15-16 200 Back         2:53.49         2:38.29         10           3:18.99         3:02.29         17-18 200 Back         2:56.69         2:45.09         10           56.19         49.29         10         50 Breast         55.59         49.29         12	16	3:04.69	3:17.49	13-14 200 Breast	3:15.49	3:28.59	15
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:45.49         8           3:13.39         2:50.29         15-16 200 Back         2:53.49         2:38.29         9           3:18.99         3:02.29         17-18 200 Back         2:56.69         2:45.09         10           56.19         49.29         9-10 50 Breast         55.59         49.29         12	14	43.29	49.49	11-12 50 Breast	43.29	49.99	13
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           3:02.49         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:11.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:13.39         2:50.29         15-16 200 Back         2:53.49         2:38.29         2:47.49           3:18.99         3:02.29         17-18 200 Back         2:56.69         2:45.09         2           30.89         23.19         8-Un 25 Back         30.59         22.69         10	12	49.29	55.59	9-10 50 Breast	49.29	56.19	11
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:13.39         2:50.29         15-16 200 Back         3:02.29         2:47.49         8           3:18.99         3:02.29         17-18 200 Back         2:56.69         2:45.09         6	10	22.69	30.59	8-Un 25 Back	23.19	30.89	9
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:12.79         2:49.09         13-14 200 Back         3:07.69         2:52.49         8           3:13.39         2:50.29         15-16 200 Back         3:02.29         2:47.49         2:38.29		2:45.09	2:56.69	17-18 200 Back	3:02.29	3:18.99	
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8           3:12.79         2:49.09         13-14 200 Back         3:07.29         2:47.49         8		2:38.29	2:53.49	15-16 200 Back	2:50.29	3:13.39	
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6           3:14.79         2:52.89         11-12 200 Back         3:07.69         2:52.49         8		2:47.49	3:02.29	13-14 200 Back	2:49.09		
B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4           2:21.09         1:49.29         8-Un 100 IM         2:19.09         1:45.09         6	8	2:52.49	3:07.69	11-12 200 Back	2:52.89	3:14.79	7
Girls         Saturday Events Boys           B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         4           1:45.89         1:34.79         9-10 100 IM         1:42.29         1:32.99         4	6	1:45.09	2:19.09	8-Un 100 IM	1:49.29	2:21.09	5
Girls         Saturday Events Boys           B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79         2           3:02.49         2:52.59         17-18 200 IM         2:45.79         2:33.09         2	4	1:32.99	1:42.29	9-10 100 IM	1:34.79	1:45.89	3
Girls         Saturday Events         Boys           B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2           2:59.19         2:45.49         15-16 200 IM         2:45.19         2:31.79		2:33.09	2:45.79	17-18 200 IM	2:52.59	3:02.49	
Girls         Saturday Events         Boys           B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2           3:00.89         2:49.09         13-14 200 IM         2:53.39         2:40.99         2		2:31.79	2:45.19	15-16 200 IM	2:45.49	2:59.19	
Girls         Saturday Events         Boys           B Time         A Time         Age Gp / Event         B Time         A Time         Event           3:12.99         2:59.19         11-12 200 IM         3:10.19         2:58.79         2		2:40.99	2:53.39	13-14 200 IM	2:49.09	3:00.89	
B Time A Time   Age Gp / Event B Time A Time   Event	2	2:58.79	3:10.19	11-12 200 IM	2:59.19	3:12.99	1
Saturday Events	Event #	A Time	B Time	Age Gp / Event	A Time		Event #.
1			Boys	Saturday Events		Girls	

:																																				
		18	79			77	75	73	71			69	67	65	63			61	65	57	55				53	51	49	47	45	43				41	Event #	
		6:48.29	3:41.39 3:23.79	36.59	36.19	36.39	38.49	43.49	1:14.59	1:32.99	1:31.39	1:31.19	1:35.69	52.29	1:09.09	1:40.49	1:39.19	1:39.19	1:43.79	2:00.09 1:48.69	34.09	3:22.49 2:58.69	3:18.29	3:20.19	3:24.79	1:54.59	1:53.19	42.89	32.59	3:20.29	2:41.59	2:39.39	2:40.29	2:51.69	B Time	Girls
	Seed Time	Minimum	3:23.79	32.19	31.29	31.69	32.99	36.79	52.59	1:23.19	1:19.79	1:19.29	1:25.29	45.19	51.59	1:32.59	1:39.19 1:29.89	1:39.19 1:29.89	1:43.79 1:34.79	1:48.69	24.79	2:58.69	2:49.79	2:53.89	3:24.79 3:02.89	1:35.29	1:53.19 1:38.39	36.69	21.59	2:58.69	2:31.19	2:26.39	2:28.29	2:35.89	A Time	
		Open 400 IM	9-10 200 IM	17-18 50 Free	15-16 50 Free	13-14 50 Free	11-12 50 Free	9-10 50 Free	8-UN 50 Fly	17-18 100 Back	15-16 100 Back	13-14 100 Back	11-12 100 Back	9-10 50 Back	8-UN 50 Back	17-18 100 Breast	15-16 100 Breast	13-14 100 Breast	11-12 100 Breast	9-10 100 Breast	8-UN 25 Breast	17-18 200 Fly	15-16 200 Fly	13-14 200 Fly	11-12 200 Fly	8- UN 100 Free	9-10 100 Fly	11-12 50 Fly	8- Un 25 Fly	9-10 200 Free	17-18 200 Free	15-16 200 Free	13-14 200 Free	11-12 200 Free	Age Gp / Event	Sunday Events
		6:35.09	3:36.49	32.09	32.09	34.09	37.49	41.39	1:14.39	1:20.69	1:20.79	1:24.89	1:33.89	50.79	1:08.59	1:30.09	1:29.59	1:32.89	1:42.69	1:56.39	33.89	2:52.59	2:49.59	3:02.19	3:07.19	1:51.59	1:49.79	41.99	32.09	3:09.39	2:23.69	2:23.69	2:28.39	2:44.19	B Time	Boys
	Seed Time	Minimum	3:23.09	27.99	27.99	29.59	32.79	36.49	52.09	1:12.49	1:12.69	1:16.79	1:23.99	44.49	50.49	1:20.39	1:19.29	1:23.99	1:32.39	1:46.79	24.29	2:40.69	2:34.29	2:46.59	2:51.79	1:28.99	1:38.39	36.79	20.49	2:57.89	2:13.19	2:13.19	2:19.49	2:36.19	A Time	
		82	80			78	76	74	72			70	68	66	64			62	60	58	56				54	52	50	48	46	44				42	Event #.	

<sup>\*</sup> OPEN Events are not restricted by age but swimmer must have met at least the listed seed times to enter the event.

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